

Adventures Through Grief:

STEP INTO A WORLD OF HOPE AND HEALING AFTER LOSS

Discover a unique approach to coping with grief through our tabletop roleplaying game-based *Adventures Through Grief* program. Our grief counselors and music therapists will take on the role of game master to guide you on the quest of navigating life after losing a loved one.

GROUP MEETING DETAILS

Teen Group (Ages 13-17)

Meets 2nd & 4th Monday, 5:30-7:30 PM
Blue Ridge Hospice Center for Hope & Healing,
314 Hope Dr., Winchester, VA.

Young Adult Group (Ages 18-24)

Meets 4th Wednesday, 5:30-7:30 PM
Handley Regional Library, Zoom option available.

All who are grieving are welcome – no prior role-playing game experience necessary. Participation is free of cost, but registration is required.



Illustration by Lara Antal, 2024.

Register or Learn More Today! brhospice.org/register
griefsupport@blueridgehospice.org | 540-313-9275



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 **Center for Hope & Healing**

314 Hope Drive, Winchester, VA
(540) 313-9275 | GriefSupport@BlueRidgeHospice.org
[BlueRidgeHospice.org](https://www.BlueRidgeHospice.org)



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